



UBWISUNGANE MU KWIVUZA IYO UREBYE

AMAHITAMO AHARI

Isoko

Azwi kandi ku guhana ubwishingizi bw'ubuzima, isoko ry'ubwishingizi bw'ubuzima niho abaguzi bo muri Amerika bashobora kugura itegeko ryita ku bikenerwa (ACA) -byubahiriza gahunda y'ubwishingizi bw'ubuzima bw'umuntu ku giti cye kandi bagahabwa inkunga zishingiye ku kwinjiza amafaranga, aho bibaye ngombwa, kugira ngo ubwishingizi no kwita ku bidahenze.

[kynect \(kynect.ky.gov\)](http://kynect.ky.gov)

Yahoze yitwa Kentucky Health Benefit Exchange, kynect nisoko ryubwishingizi bwubuzima muri Commonwealth ya Kentucky, ryakozwe hakurikijwe ACA.

[Medicaid \(medicaid.gov\)](http://medicaid.gov)

Medicaid ni gahunda y'ubwishingizi itanga ubwishingizi bw'ubuzima ku buntu cyangwa ku giciro gito ku bantu bafite amikoro make, barimo abana, abatwite, abageze mu zabukuru, n'abafite ubumuga. Muri Kentucky, Medicaid ifasha abantu bakuru badatwite bafite imyaka 19 - 64 bafite umushahara ugera kuri 138% bya FPL, abana bafite hagati y'imyaka 1 - 18 na 147% bya FPL, n'abatwite n'abana bari muni y'imyaka 1 na 200% bya FPL. Ubushobozi buterwa n'ingano y'urugo, amafaranga yinjira, n'amategeko ya leta. Amafaranga y'inyongera n'amazina ya gahunda biratandukanye bitewe na leta.

[Medicare \(Medicare.gov\)](http://Medicare.gov)

Medicare ni gahunda yubwishingizi bwubuzima bwa federal kuri: Abantu bafite imyaka 65 cyangwa irenga

- Bamwe mu rubyiruko bafite ubumuga
- Abantu barwaye impyiko zanyuma (kunanirwa kw'impyiko zihoraho bisaba dialyse cyangwa guhindurwa, rimwe na rimwe bita ESRD)

Gahunda Yatewe inkunga n'umukoresha

Ubwishingizi bw'ubuzima butangwa ku bakozi n'imiryango yabo nk'inyungu z'akazi. Abakoresha mubisanzwe bishyura bimwe cyangwa byose byamafaranga yo hejuru. Gahunda iterwa inkunga nabakoresha ntabwo yemerewe inkunga cyangwa inguzanyo yimisoro ihanitse.

[Ubuwuzi bwa VA \(va.gov/ubuzima-ubuvuzi\)](http://va.gov/ubuzima-ubuvuzi)

Ubuwuzi bwa VA burahari kubakera bujuje ibisabwa bakoze mu gisirikare, mu mazi, cyangwa mu kirere.

[TRICARE \(tricare.mil\)](http://tricare.mil)

TRICARE ni gahunda ihuriweho na serivisi zita ku buzima ku bakozi bashinzwe imirimo, abagize umuryango bakorana umwete, abashinzwe umutekano n'ingabo z'igihugu hamwe n'imiryango yabo, abasezerewe, abagize umuryango w'izabukuru, abarokotse, ndetse na bamwe mu bashakanye.



AMAGAMBO YO KUMENYA

IBYANGOMBWA BYUBUZIMA

Igikorwa gitera igihe cyihariye cyo kwiyandikisha kugira ngo umuntu ku giti cye cyangwa umuryango bagure ubwishingizi bw'ubuzima butari igihe gisanzwe cyo kwiyandikisha buri mwaka. Ibikorwa byujuje ibisabwa mu buzima birimo:

Gutakaza ubwishingizi bw'ubuzima

- Impinduka murugo
- Impinduka aho uba
- Impinduka zinjiza zigira ingaruka kubwishingizi bujuje ibisabwa
 - Kuba umunyamerika
 - Kureka gufungwa

FUNGURA KWIYANDIKISHA

Igihe cyumwaka iyo abantu bashobora kwiyandikisha, kuvugurura, guhindura, cyangwa guhagarika ubwishingizi bwubuzima bwabo. Kubura igihe cyo kwiyandikisha gishobora kugutera ibyago byo kuba udafite ubwishingizi bwubuzima bwumwaka wose kugeza igihe cyumwaka utaha cyo kwiyandikisha.

BURI MWAKA AMATARIKI YO KWIYANDIKISHA

kynect: 1 Ugushyingo - 3 1 Ukubozwa

Medicare: 1 5 Ukwakira - 7 Ukubozwa

INYUNGU ICUMI ZINGENZI ZIKUBIYE MUBIKORWA BYITAWeho (ACA)

Ibi biri mubisoko / gahunda ya kynect. Bamwe barashobora kuboneka kuri wewe nta kiguzi.



**Serivisi zo gukumira
no kumererwa neza**



**Ubuwuzi bwo mu mutwe
no mu myitwarire**



Ibiyobyabwenge



Kwinjira mu bitaro



Kwita ku babyeyi



Serivise zihutirwa



**Serivisi ishinzwe
abana**



**Serivise zo gusubiza
mu buzima busanzwe
no kuborohera**



**Serivisi za
Laboratoire**



**Serivise za
Ambulatory**

INJIRA KUMURONGO WO KUMURONGO

Kubona no kurihira ubuvuzi muri Amerika akenshi bitera abantu nimiryango guhangayika, guhangayika, nubukungu bwifashe nabi. Igikoresho cacu co Kwitaho Ubuzima Ibikoresho byuburezi birashobora gufasha gukuramo amayobera nububabare bivuye mubuzima.

ASCLEPIUSINITIATIVE.ORG/EDUCATION



KUKI KUBONA UBUVUZI MURI U.S. BIGOYE CYANE?

Bitandukanye n'ibindi bihugu byateye imbere, ntabwo dufite gahunda yo gukwirakwiza isi yose, aho buriwese afite ubwishingizi bwubuzima kuva akivuka kugeza apfuye. Gutanga ubuvuzi kuri buri wese ntaho bitandukaniye no gutanga amasomero rusange, abapolisi, cyangwa ishami ry'umuriro.

Ibi bikoresho byatewe inkunga n'inkunga yatanze n'Ishami rya Kentucky rishinzwe ubuzima rusange, Ibiro bishinzwe ubuzima bw'abaturage, byatanze n'Ikigo gishinzwe kurwanya no gukumira indwara, Ikigo cy'Igihugu gishinzwe ibikorwa remezo by'ubuzima rusange bya STLT, muni ya RFA-OT 2 1 - 2 1 0 3 .

Ibiri muri ibyo bikoresho ni iby'abanditsi kandi ntabwo byanze bikunze byerekana umwanya wemewe cyangwa byemejwe n'ishami rya Kentucky rishinzwe ubuzima rusange cyangwa Ikigo gishinzwe kurwanya no gukumira indwara.