



UBWISUNGANE MU KWIVUZA IYO UREBYE

AMAHITAMO AHARI

Isoko

Azwi kandi ku guhana ubwishingizi bw'ubuzima, isoko ry'ubwishingizi bw'ubuzima niho abaguzi bo muri Amerika bashobora kugura itegeko ryita ku bikenerwa (ACA) -byubahiriza gahunda y'ubwishingizi bw'ubuzima bw'umuntu ku giti cye kandi bagahabwa inkunga zishingiye ku kwinjiza amafaranga, aho bibaye ngombwa, kugira ngo ubwishingizi no kwita ku bidahenze.

[kynect \(kynect.ky.gov\)](http://kynect.ky.gov)

Yahoze yitwa Kentucky Health Benefit Exchange, kynect nisoko ryubwishingizi bwubuzima muri Commonwealth ya Kentucky, ryakozwe hakurikijwe ACA.

[Medicaid \(medicaid.gov\)](http://medicaid.gov)

Gahunda yubwishingizi itanga ubwisanzure bwubuzima cyangwa buhendutse kubantu benshi bafite amikoro make, abana, abagore batwite, abantu bakuze, nabafite ubumuga. Ibihugu byinshi byaguye gahunda za Medicaid kugirango bigere ku bantu bose bari muni y'urwego runaka. Niba wemerewe gukwirakwizwa na Medicaid biterwa ahanini nuko leta yawe yaguye gahunda yayo. Inyungu za Medicaid n'amazina ya gahunda biratandukanye hagati ya leta.

[Medicare \(Medicare.gov\)](http://Medicare.gov)

Medicare ni gahunda yubwishingizi bwubuzima bwa federal kuri: Abantu bafite imyaka 65 cyangwa irenga

- Bamwe mu rubyiruko bafite ubumuga
- Abantu barwaye impyiko zanyuma (kunanirwa kw'impyiko zihoraho bisaba dialyse cyangwa guhindurwa, rimwe na rimwe bita ESRD)

Gahunda Yatewe inkunga n'umukoresha

Ubwishingizi bw'ubuzima butangwa ku bakozi n'imiryango yabo nk'inyungu z'akazi. Abakoresha mubisanzwe bishyura bimwe cyangwa byose byamafaranga yo hejuru. Gahunda iterwa inkunga nabakoresha ntabwo yemerewe inkunga cyangwa inguzanyo yimisoro ihanitse.

Ubuwuzi bwa VA (va.gov/ubuzima-ubuvuzi)

Ubuwuzi bwa VA burahari kubakera bujuje ibisabwa bakoze mu gisirikare, mu mazi, cyangwa mu kirere.

TRICARE (tricare.mil)

TRICARE ni gahunda ihuriweho na serivisi zita ku buzima ku bakozi bashinzwe imirimo, abagize umuryango bakorana umwete, abashinzwe umutekano n'ingabo z'igihugu hamwe n'imiryango yabo, abasezerewe, abagize umuryango w'izabukuru, abarokotse, ndetse na bamwe mu bashakanye.



AMAGAMBO YO KUMENYA

IBYANGOMBWA BYUBUZIMA

Ibirori bitera igihe cyihariye cyo kwiyandikisha kumuntu cyangwa umuryango kugura ubwishingizi bwubuzima hanze yumwaka usanzwe wa ACA ufunguye. Ibyangombwa byubuzima byujuje ibyangombwa birimo:

Gutakaza ubwishingizi bw'ubuzima

- Impinduka murugo
- Impinduka aho uba
- Impinduka zinjiza zigira ingaruka kubwishingizi bujuje ibisabwa
 - Kuba umunyamerika
 - Kureka gufungwa

FUNGURA KWIYANDIKISHA

Igihe cyumwaka iyo abantu bashobora kwiyandikisha, kuvugurura, guhindura, cyangwa guhagarika ubwishingizi bwubuzima bwabo. Kubura igihe cyo kwiyandikisha gishobora kugutera ibyago byo kuba udafite ubwishingizi bwubuzima bwumwaka wose kugeza igihe cyumwaka utaha cyo kwiyandikisha.

BURI MWAKA AMATARIKI YO KWIYANDIKISHA

kynect: 1 Ugushyingo - 31 Ukuboza

Medicare: 15 Ukwakira - 7 Ukuboza

INYUNGU ICUMI ZINGENZI ZIKUBIYE MUBIKORWA BYITAWeho (ACA)

Ibi biri mubisoko / gahunda ya kynect. Bamwe barashobora kuboneka kuri wewe nta kiguzi.



Serivisi zo gukumira no kumererwa neza



Ibiyobyabwenge



Kwita ku babyeyi



Serivisi ishinzwe abana



Serivisi za Laboratoire



Ubuvuzi bwo mu mutwe no mu myitwarire



Kwinjira mu bitaro



Serivise zihutirwa



Serivise zo gusubiza mu buzima busanzwe no kuborohera



Serivise za Ambulatory

INJIRA KUMURONGO WO KUMURONGO

Kubona no kurihira ubuvuzi muri Amerika akenshi bitera abantu nimiryango guhangayika, guhangayika, nubukungu bwifashe nabi. Igikoresho cacu co Kwitaho Ubuzima Ibikoresho byuburezi birashobora gufasha gukuramo amayobera nububabare bivuye mubuzima.

[ASCLEPIUSINITIATIVE.ORG/TOOLKIT](https://asclepiusinitiative.org/toolkit)



KUKI KUBONA UBUVUZI MURI U.S. BIGOYE CYANE?

Bitandukanye n'ibindi bihugu byateye imbere, ntabwo dufite gahunda yo gukwirakwiza isi yose, aho buriwese afite ubwishingizi bwubuzima kuva akivuka kugeza apfuye. Gutanga ubuvuzi kuri buri wese ntaho bitandukaniye no gutanga amasomero rusange, abapolisi, cyangwa ishami ry'umuriro.

Ibi bikoresho byatewe inkunga n'amafaranga yatanzwe n'ishami rya Kentucky ry'ibiro by'ubuzima rusange by'ubuzima buva mu Kigo gishinzwe kurwanya no gukumira indwara, Ikigo cy'igihugu gishinzwe ibikorwa remezo by'ubuzima rusange n'abakozi, kuri RFA-OT21-2103.

Ibiri muri ibyo bikoresho ni iby'abanditsi kandi ntabwo byanze bikunze byerekana umwanya wemewe cyangwa byemejwe n'ishami rya Kentucky rishinzwe ubuzima rusange cyangwa Ikigo gishinzwe kurwanya no gukumira indwara.