

UBWISUNGANE MU KWIVUZA IYO UREBYE

AMAHITAMO AHARI

Isoko

Azwi kandi ku guhana ubwishingizi bw'ubuzima, isoko ry'ubwishingizi bw'ubuzima niho abaguzi bo muri Amerika bashobora kugura itegeko ryita ku bikenerwa (ACA) -byubahiriza gahunda y'ubwishingizi bw'ubuzima bw'umuntu ku giti cye kandi bagahabwa inkunga zishingiye ku kwinjiza amafaranga, aho bibaye ngombwa, kugira ngo ubwishingizi no kwita ku bidahenze.

[kynect \(kynect.ky.gov\)](http://kynect.kynect.ky.gov)

Yahoze yitwa Kentucky Health Benefit Exchange, kynect nisoko ryubwishingizi bwubuzima muri Commonwealth ya Kentucky, ryakozwe hakurikijwe ACA.

[Medicaid \(medicaid.gov\)](http://medicaid.gov)

Gahunda yubwishingizi itanga ubwisanzure bwubuzima cyangwa buhendutse kubantu benshi bafite amikoro make, abana, abagore batwite, abantu bakuze, nabafite ubumuga. Ibihugu byinshi byaguye gahunda za Medicaid kugirango bigere ku bantu bose bari muni y'urwego runaka. Niba wemerewe gukwirakwizwa na Medicaid biterwa ahanini nuko leta yawe yaguye gahunda yayo. Inyungu za Medicaid n'amazina ya gahunda biratandukanye hagati ya leta.

[Medicare \(Medicare.gov\)](http://Medicare.gov)

Medicare ni gahunda yubwishingizi bwubuzima bwa federal kuri:

- Abantu bafite imyaka 65 cyangwa irenga
- Bamwe mu rubyiruko bafite ubumuga
- Abantu barwaye impyiko zanyuma (kunanirwa kw'impiko zihoraho bisaba dialyse cyangwa guhindurwa, rimwe na rimwe bita ESRD)

[Gahunda Yatewe inkunga n'umukoresha](#)

Ubwishingizi bw'ubuzima butangwa ku bakozi n'imiryango yabo nk'inyungu z'akazi. Abakoresha mubisanzwe bishyura bimwe cyangwa byose byamafaranga yo hejuru. Gahunda iterwa inkunga nabakoresha ntabwo yemerewe inkunga cyangwa inguzanyo yimisoro ihanitse.

[Ubuuvuzi bwa VA \(va.gov/ubuzima-ubuvuzi\)](http://va.gov/ubuzima-ubuvuzi)

Ubuuvuzi bwa VA burahari kubakera bujuje ibisabwa bakoze mu gisirikare, mu mazi, cyangwa mu kirere.

[TRICARE \(tricare.mil\)](http://tricare.mil)

TRICARE ni gahunda ihuriweho na serivisi zita ku buzima ku bakozi bashinzwe imirimo, abagize umuryango bakorana umwete, abashinzwe umutekano n'ingabo z'igihugu hamwe n'imiryango yabo, abasezerewe, abagize umuryango w'izabukuru, abarokotse, ndetse na bamwe mu bashakanye.



AMAGAMBO YO KUMENYA

IBYANGOMBWA BYUBUZIMA

Ibirori bitera igihe cyihariye cyo kwiandikisha kumuntu cyangwa umuryango kugura ubwishingizi bwubuzima hanze yumwaka usanzwe wa ACA ufunguye. Ibyangombwa byubuzima byujuje ibyangombwa birimo:

Gutakaza ubwishingizi bw'ubuzima

- Impinduka murugo
- Impinduka aho uba
- Impinduka zinjiza zigira ingaruka kubwishingizi bujuje ibisabwa
 - Kuba umunyamerika
 - Kureka gufungwa

FUNGURA KWIYANDIKISHA

Igihe cyumwaka iyo abantu bashobora kwiandikisha, kuvugurura, guhindura, cyangwa guhagarika ubwishingizi bwubuzima bwabo. Kubura igihe cyo kwiandikisha gishobora kugutera ibyago byo kuba udafite ubwishingizi bwubuzima bwumwaka wose kugeza igihe cyumwaka utaha cyo kwiandikisha.

BURI MWAKA AMATARIKI YO KWIYANDIKISHA

kynect: 1 Ugushyingo - 15 Mutarama

Medicare: 15 Ukwakira - 7 Ukuboza

INYUNGU ICUMI ZINGENZI ZIKUBIYE MUBIKORWA BYITAWeho (ACA)

Ibi biri mubisoko / gahunda ya kynect. Bamwe barashobora kuboneka kuri wewe nta kiguzi.



**Serivisi zo gukumira
no kumererwa neza**



Ibiyobyabwenge



Kwita ku babyeyi



**Serivisi ishinzwe
abana**



**Serivisi za
Laboratoire**



**Ubuwuzi bwo mu mutwe
no mu myitwarire**



Kwinjira mu bitaro



Serivise zihutirwa



**Serivise zo gusubiza
mu buzima busanzwe
no kuborohera**

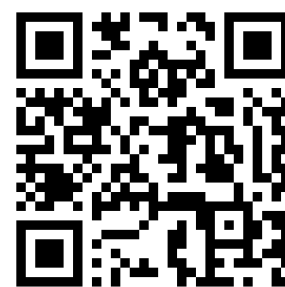


**Serivise za
Ambulatory**

INJIRA KUMURONGO WO KUMURONGO

Kubona no kurihira ubuwuzi muri Amerika akenshi bitera abantu nimiryango guhangayika, guhangayika, nubukungu bwifashe nabi. Igikoresho cacu co Kwitaho Ubuzima Ibikoresho byuburezi birashobora gufasha gukuramo amayobera nububabare bivuye mubuzima.

ASCLEPIUSINITIATIVE.ORG/TOOLKIT



KUKI KUBONA UBUVUZI MURI U.S. BIGOYE CYANE?

Bitandukanye n'ibindi bihugu byateye imbere, ntabwo dufite gahunda yo gukwirakwiza isi yose, aho buriwese afite ubwishingizi bwubuzima kuva akivuka kugeza apfuye. Gutanga ubuwuzi kuri buri wese ntaho bitandukaniye no gutanga amasomero rusange, abapolisi, cyangwa ishamba ry'umuriro.

Ibi bikoresho byatewe inkunga n'amafaranga yatanze n'ishami rya Kentucky ry'ibiro by'ubuzima rusange by'ubuzima buva mu Kigo gishinzwe kurwanya no gukumira indwara, Ikigo cy'igihugu gishinzwe ibikorwa remezo by'ubuzima rusange n'abakozi, kuri RFA-OT21-2103.

Ibiri muri ibyo bikoresho ni iby'abanditsi kandi ntabwo byanze bikunze byerekana umwana wemewe cyangwa byemejwe n'ishami rya Kentucky rishinzwe ubuzima rusange cyangwa Ikigo gishinzwe kurwanya no gukumira indwara.